Southmead PE Curriculum Overview 2026-27

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Dance: Unit 1	Dance: Unit 2	Gymnastics: Unit 1	Gymnastics: Unit 2
	Ball Skills: Unit 1	Ball Skills: Unit 1	Fundamentals: Unit 1	Fundamentals: Unit 2	Games: Unit 1	Games: Unit 2
Year 1	Fundamentals	Gymnastics	Dance	Dance	Mindful Movement	Team Building
	Ball Skills	Sending and Receiving	Target Games	Invasion Games	Athletics	Striking and Fielding Games
Year 2	Ball Skills	Gymnastics	Dance	Dance	Mindful Movement	Team Building
	Fundamentals	Sending and Receiving	Fitness	Net and Wall Games	Athletics	Striking and Fielding Games
Year 3	Fundamentals	Dance	Gymnastics	Dance	Dodgeball	Fitness
	Football	Ball Skills	OAA	Athletics	Swimming	Swimming
Year 4	Fundamentals	Dance	Gymnastics	Dance	Dodgeball	Fitness
	Football	Netball	OAA	Tennis	Athletics	Cricket
Year 5	Dance	Gymnastics	Dance	Mindful Movement	Fitness	Handball
	Rugby	Netball	Football	Cricket	Athletics	Volleyball
Year 6	Dance	Gymnastics	Dance	Mindful Movement	Fitness	Tennis
	Rugby	Netball	Basketball	Volleyball	Athletics	Rounders

Indoor PE (hall)

Outdoor PE (playground/field)